HELLO!

Once more I come to let you know that I haven't failed or made an assignment. This spring I am going to have more goods than ever before, and they won't be ANY HIGHER in price. They MIGHT be higher in quality. I can sympathize with the man who says that everything has increased. Even the family has increased. but not the salary. I try to practice what I preach.

"When a fellow thinks he's beaten, And he's feeling down and out. When he feels his courage oozing And his sand goes up the spout; When he starts to feeling lonely And he gets to feeling blue, That's the time you want to help him With 'Hello, there! Howdy do.' '

I hardly ever get blue, nothing to make me blue. The Lord has taken awful good care of me.

Health, friends, a happy home, plenty to eat and wear and a pretty good business. I want more business. Help make it more

CLOTHING, SHOES, HATS, CAPS,

GENT'S FURNISHINGS, TRUNKS,

DRESS SUIT CASES and VALISES

I make Suits to order. Fit guaranteed. Prices reasonable. Tickle me.

Main St., Lexington, Va. J. ED. DEAVER

.... THE

Store of Quality and Bargains

In putting our wares before the people it is hard to tell you all In putting our wares before the people it is hard to tell you all We are satisfied that if you give us a chance we can prove to you that we have the goods at right prices. We have a full up-to-date stores Our Grocery Department has never been fuller, and in many thing we can save you money. Get our prices on Can Goods. Shoes—we have a full line. Our Dry Goods side shows many values. In Wooden, Dish, Tin and Enamel Wares we have a good line.

NOTICE—We are adding Mattings to our business. Look them over and get prices. We have Garden and Flower Seeds in bulk and

If you want to buy a barrel of Sagar now is a good time and we can save you money. Give us a call and make us glad.

W. Harry Agnor, 9 South Main Street

Rockbridge

Realty

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See list of Desirable Properties for Sale in Town and County on Page 6 of this issue



Mirror

Many young wives whose husbands are earning only very moderate inand who are consequently obliged to do almost all the work of the house themselves often, either through carelessness or lack of time, so neglect their hands that after a few months of household toil they discover that instead of being soft and white and well kept, as they used to be before marriage, they are now coarse and rough and the cuticles are ragged and discolored.

Now, there is absolutely no need for this distressing state of things, how-ever rough and dirty the work may be, if every day a few minutes are spent in attending to the hands, and there is scarcely a woman even among the very busy ones who cannot manage to find ten or fifteen minutes during each day to give to this important matter that to give an important matter, as the legitimacy of a woman's claim to the title of lady is often decided by the

appearance of her hands.

And now let us see how these few minutes snatched from the busy day are to be spent. In the first place. always wear gloves for any dirty work such as the cleaning of grates, dusting. sweeping or polishing. Do not think that it is too much trouble or a waste of valuable time to do this. You will be well repaid, and in the end you will save time, as the skin will not become lined and seamed with almost ineradi-cable distrawlable most ineradicable dirt, which must always be the case if dirty articles are touched with the ungloved hand. Gloves made es pecially for this purpose may be bought for a small sum, and two or three pairs should be kept in use so

that each may be washed in turn.

When the daily work is completed rub a little olive oil well into the hands and wash in hot water, then rub with a slice of iemon, digging the nails well into it, and wash again in hot

well into it, and wash again in hot water.

At bedtime wash the hands thoroughly in hot water with a good soapsee that the nails are perfectly clean smooth and even; push down the cuticles gently with a soft towel and, last ly, apply a little cold cream, rubbing it well into the skin, but make quite sure that the cream is pure. Perfectly pure well into the skin, but make quite sure that the cream is pure. Perfectly pure cold cream is rather an expensive item, but the following is an excellent recipe that can be easily and inexpensively manufactured at home: One ounce of white wax, one ounce of spermaceti, five ounces of almond oil and three ounces of rosewater. Melt the white wax, spermaceti and almond oil to gether over a gentle heat, then add the rosewater and stir vigorously until

If this treatment is carefully fol and need never show signs of the rough and often disagreeable work which their fair owners are compelled to perform.

Alcohol as a Cleanser.

When you go to the washstand and carefully wash your hands with a generous application of soap and hard brush do not think for an instant that your hands are clean. The tenacious microbe refuses to be disturbed and clings to the flesh throughout the whole operation, says the Lancet There are some chemical compounds which will dislodge the busy bacilli to a certain extent, but not entirely.

According to the investigations of a medical authority of the Prussian army the best results in the direction of giving the hands a sanitary cleaning are accomplished by the use of alcohol A bath of pure alcohol will remove about 96 per cent of the germs. Where it is desired to clean the compound to the pure alcohol where

about 99 per cent of the germs. Where it is desired to clean the hands hygi enically it is recommended that the hands be not first washed with water for this will so adulterate the alcohothat it can not accomplish its work a effectively as otherwise.

Grooming the Hair.
Dandruff causes the hair to fall.

ruins the gloss and causes a dull, life less appearance. Clean brushes, dally attention to the removal of dust and dirt, the discarding of thick, heavy "rats" and the airing and sunning of the hair are all preventives that any woman can use. If the hair is care-fully groomed every day dandruff will not form to an alarming extent.

Take one ounce of the best black ten to ten ounces of boiling water, let it steep until very strong, strain and when cold add bay rum, two ounces; glycerin, two ounces; alcohol, two ounces; perfume to taste. Shake well and it is ready for use.

Cold Scres. Spirits of camphor, if applied in time to the spot, will prevent the development of cold sores. A drop or more should be put on every hour at least through the day, and after twenty four hours the trouble, as a rule, has disappeared.

Diluting Glycerin. Few skins can stand glycerin, and it should never be used without diluting Otherwise the skin will become dry and parched

SUNDAY SCHOOL,

Milady's Lesson X.—Second Quarter, For June 4, 1911.

THE INTERNATIONAL SERIES.

Text of the Lesson, John xiv, 15-27. Memory Verses, 25-27—Golden Text, John xiv, 16—Commentary Prepared by Rev. D. M. Stearns.

As Israel's penitence and God's pardon, according to Hos. xiv, the regular lesson for the day, can only be by lar lesson for the day, can only be by the Holy Spirit, we will consider brief-ly that lesson, but give most of the time to the gospel lesson. It is as they shall look upon Him whom they have pierced, when they shall see Him coming in glory, that the Lord will pour upon the house of David and the inspot the noise of David and the in-habitants of Jesusalem the Spirit of grace and of supplication, and there shall be a national mourning and a national forgiveness (Zech. xii, 9; xiii, 1). Then shall Hos. xiv be fulfilled, and after that He will pour out His Spirit upon all flesh (Jeal ii 27, 28).

Spirit upon all flesh (Joel II, 27, 28). It is only by the same Holy Spirit that believers in this present age can know the meaning of sin and rightcousness and judgment by knowing Jesus Christ as the great sin bearer and by seeing in His sufferings how hateful sin is to God. Jesus Christ can only be a great Saviour to such as have seen themselves to be great sin-ners. Paul saw himself to be the chief of sinners, and to him Jesus Christ was such a great Saviour that he could think or talk of no one else. It will be just so with his people Israel, and after their conversion there will be a nation of Pauls to make Jesus Christ known to all the world.

In this present age if every believer was filled with the Spirit as our Lord Jesus would like us to be then the world that seeth not and knoweth not world that seeth not and knoweth hot and cannot receive the Spirit of truth would see something of Jesus Christ in His people, and many would want to know Him. The Spirit always testifies of Christ, teaches things concerning Him, guides into all truth, shows us things to come and brings to reing Him, guides into all truth, shows us things to come and brings to remembrance what we have rend or heard about Jesus (John xiy, 16, 17, 26; xv, 26; xvi, 7-13). He is specially "the Comforter" (partakelos) and is so Comforter" (partakelos) and is so called four times in these verses just referred to.

So we have a comforter in the pres-ence of the Father and a Comforter dwelling in us, but more wonderful still, according to verses 17, 23, Father, Son and Holy Spirit all dwell in us if we are true believers and make our bodies their abode, or mansion, for the word translated "abode" in verse 23 is the very same word which is translat-ed "mansion" in verse 2, and it is used nowhere else, although the verb from which the noun comes is used a great many times and is variously translat-ed-abide, remain, dwell, continue.

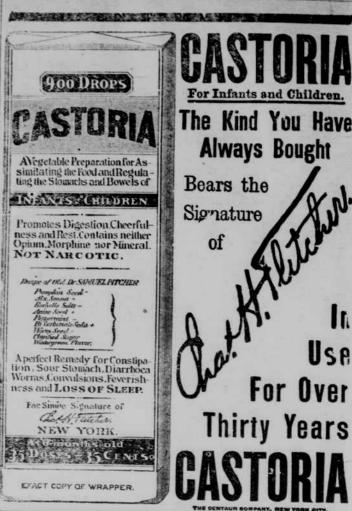
It is impossible to fully grasp such a truth, and yet it is stated again and again in such words as these: "Christ liveth in me," "That Christ may dwell in your hearts by faith," "The life of Jesus made manifest in our body" (Gal. ii, 20; Eph. iii, 17; II Cor. iv, 10, 11). In verse 19 of our lessan He seems to say that He expects that the world will see Him in us. His life at the Father's right hand, where He ever liveth to make intercession for us, makes sure our life, and if we would more steadfastly behold Him and not people or circumstances we would be more manifestly changed into His like ness by the Spirit (II Cor. iii, 18). He ness by the Spirit (II Cor. III, 189) longs to reveal Himself to us and through us, and He does this by His Spirit and His word (I Sam. iii, 21; Spirit and His word (I Sam. iii, 21 Ps. cxix, 180; II Cor. iv, 6; John vi 63; xiv, 21-23). We must not only read His word and

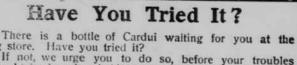
memorize it, laying it up in our hearts, but we must eat it, appropriate it, make it our very own, according to Jer. xv. 16; Job xxiii, 12; Ezek. iii, 1-4; Rev. x. 8-11. Thus only can we know the peace which He alone can give. He is the Prince of peace, the God of peace, the peace of God, our peace (Isa. ix. 6, 7; Heb. xiii, 20; Phil. iv. 6, 7; Col. hi, 15; Eph. ii, 14). By the blood of His cross He has made peace, and when we truly receive Him we have peace with God and may be filled with joy and peace in believing (Col. 1, 20; Rom. v. 1; xv, 13), but the peace of God will only keep our hearts when we commit everything to Him in pray-

er and rely on Him to see to it.

As to neither being troubled nor As to neither being troubled nor afraid see also verse 1 and compare Matt. xxiv, 6; Luke xxiv, 38, and notice how He closed this discourse in John xvi, 33, with the assurance that we must expect tribulation. If any one else had said you shall have trou ble, but do not-be troubled, we would think them very unbalanced, but He was God (verse 1), and He is God and is unceasingly caring for us and making all things work together for our highest good, assuring us that all our afflictions are light and but for a moment comparatively and are all working for us a far more exceeding and eternal weight of glory (Rom. viii, 28 II Cor. iv, 17, 18).

It is only in trial that we can really manifest that He is living in us, for almost any one can be lovely and pleasant when all goes well. May learn to glory in all things that His power may rest upon us (II Cor. xii, 9, 10) and have always that whole hearted, unbounded confidence in Him that shall say, "Even so, just and true are Thy ways; I know that Thou art righteous; Thy way is perfect."





drug store. Have you tried it?

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Even now, it may be nearly too late. But try it any-how. If anything can help you, Cardui will. It has helped in thousands of cases, where other medicines had been tried in vain. Why should it not do the same for you?

The Woman's Tonic

"My daughter, Octava, would have been in her grave today, had it not been for that fine medicine, Cardui," writes Mrs. Laura Lawrence, of Drennon Springs, Ky.

"Nothing I tried helped my daughter, until she had taken Cardui. I had sent for the doctor, when I thought of your medicine and got a \$1 bottle. When she had taken four doses she became all right. I often recommend Cardui to my friends."

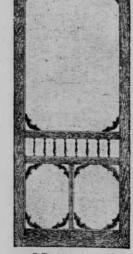
Your druggist sells Cardui with full instructions for use on the bottle.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free.

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